



SOUTHERN CALIFORNIA PIPE TRADES PENSIONERS & SURVIVING SPOUSES HEALTH FUND

SUPPLEMENT No. 21

To: All Participants
From: Board of Trustees
Date: September 2024
Re: Nutritional Counseling

KEEP THIS NOTICE WITH THE SUMMARY PLAN DESCRIPTION

The Board of Trustees has amended the Plan to improve benefits by expanding coverage to include the benefits listed below. This benefit improvement is effective October 1, 2024.

This change amends the 2019 Summary Plan Description, Section 9 the add the following language:

SECTION **8. MEDICAL BENEFITS**

...
Nutritional Counseling

The Plan will pay 80% of the Blue Shield of California PPO Network Rate or 80% of the Allowable Charge, whichever is applicable, for Medically Necessary nutritional counseling when rendered by a Physician or registered dietician. The Plan will pay up to eight visits per Calendar Year.

This change also modifies the 2019 Summary Plan Description by amending Section 15 (Exclusions and Limitations), paragraph A, item 27 to remove reference to diet management and nutritional training, as well as removing item 30 in its entirety.

KEEP THE FUND OFFICE INFORMED OF YOUR ADDRESS.

If the Fund office does not have your current address, you will not be informed about important changes to your benefits and you may not receive all the benefits to which you are entitled. You can obtain a Change of Address Form from www.scptac.org, or from the Fund office or your Local Union office. You may also use this QR code to complete a Change of Address Form.



You should also promptly advise the Fund office of any change in your family status, such as marriage, divorce, or death.